

- A complete course in sex for the fun of it.
- A layman's guide that will add joy to your sex life.
- The most wildly controversial sex book in years.



BRIDGET'S BASIC SEX



Consulting Editors
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Male Model — DUTCH MILLER

Photography by Martin Cornel



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INTRODUCTION



The era of sexual enlightenment is upon us. No longer must discourse in sexual areas be muffled and suppressed. We are witness to the dawn of a golden epoch of sexual freedom.

I have written this book because I felt there was a need for an honest and open treatment on how to learn and enjoy sexual fulfillment.

However, I want to make it perfectly clear that although I appear in these photos in provocative positions and situations, I am performing only as a professional model where I felt the impact of illustration was of utmost importance.

So, I don't want any phone calls or flakey letters from some of you weirdos out there.

Please read my book, learn, and enjoy yourselves.

Bridget

BRIDGET ASKS: ARE YOU A GOOD LOVER?

If you're a woman, perhaps the question sounds odd to you. Many women unconsciously associate the word *lover* with the male — but the truth is, women can and should take an active part in sexual relationships. How good a lover are you? Whether you're male or female, this simple, self-scoring quiz will tell you. Merely select the one answer to each question that comes closest to your experience and score yourself with the aid of the key at the end.

1. When you're having sexual relations,

- a. You figure it's up to your partner to divine what you like and act accordingly; and besides, you're not *sure* what you like;
- b. You know what you like, and you always let your partner know what pleases you most;
- c. What has liking it got to do with it?

2. Sex is best when

- a. You get it over quickly, in 30 seconds or less;
- b. It lasts as long as the mood dictates, and you're both in the mood;
- c. You thrash around for hours, until you both collapse in sweaty exhaustion.

3. Sex with a stranger

- a. Is strangely exciting, particularly if you don't know your partner's name;
- b. Is O.K. sometimes, but you make it even better with your friends;
- c. Is the only time you can really let it all go.

4. Before sex, you ...

- a. Always turn out the light and get under the covers;
- b. Enjoy looking and touching, and being looked at and touched;
- c. Like to get drunk, so you don't have to feel responsible for doing all those deliciously naughty things you like to do.

5. After sex you

- a. Always go to sleep;
- b. Like to relive the experience in your mind, savoring every ecstatic detail while you rev up for another go:
- c. Usually wonder why people make such a big thing of it, when it's really such small potatoes.

6. In the ideal sexual encounter,

- a. You are in control at all times;
- b. You are swept up in a huge tidal wave of emotion, deliciously out of control at the end;
- c. Your partner is in control at all times, and you like it that way.

7. Who initiates sexual relationships?

- a. You always do you wouldn't feel comfortable otherwise;
- b. Sometimes you do, sometimes your partner does and it's delightful either way;
- c. Your partner always gets the ball rolling, and that's the way it should be.

8. You achieve climax

- a. Mainly by thinking about it;
- b. Usually when your partner does;
- c. Tell me what it feels like, so I'll know if I've had one.

9. Oral sex

- a. Tastes terrible;
- b. Is a give-and-take proposition with you and you like it both ways at once;
- c. Adds a little spice occasionally but you wouldn't want it as a steady diet.

10. Your big worry over sex is

- a. If you're going to make it;
- b. That it feels so good you're afraid you might become addicted;
- c. Why worry?

How to score yourself in quiz

Allowing one point for each of the ten questions, add up the number of times you selected answer b. Rate yourself as follows:

- **0-3 points** It's a good thing you're reading this book you need it.
- 4-6 points This is an average score, for someone who is scoring occasionally, but not very well. Too many nasty inhibitions. What can you do about it? Not a hell of a lot. But at least you found out in time.
- **7-9 points** You've got a pretty good thing going it a cinch you're not getting much sleep.
- 10 points Congratulations you're totally freaked out on sex. You'd better put this book down right now before you really get in trouble.

REPRODUCTION

Reproduction Cycle: The liquid of life lies stored in the male, in his jewel of naughty desires. When the male becomes aroused, internal body heat causes the liquid of life to simmer, making the jewel of naughty desires swell so that it stretches the sac of containment. (Sometimes both jewels swell at the same time, causing a reaction known in medical circles as "letting go with both barrels".) The liquid of life soon starts to boil and the pressure forces it up the boulevard of urgency, down through the snake of life and finally out the valve of relief. If, during this process, the male's snake of life has passed through the female's gate of forbidden pleasures and is buried in the avenue of rapture, the liquid of life spurts deep into the female's hall of conception and trickles into the tube of sanctuary. There, if it is a certain time of the month, the liquid of life will encounter the oval of regret, which is dispensed at given intervals from one of the female's two baskets of hidden dangers. The two separate



SNAKE OF LIFE

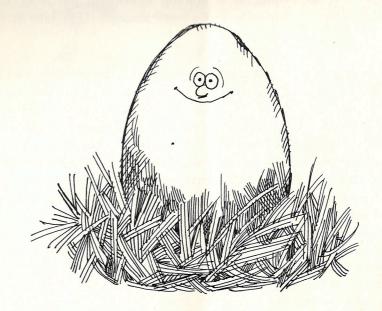
agents join forces and return to the hall of conception where they are nurtured by natural body juices until, some nine months later, with the hall of conception swollen so that it can no longer contain the growth, a baby is born.

Both the digit of delight, in the female, and the horn of plenty, in the male, do not figure in sexual encounter. The horn of plenty is a storage

place for excess body fluids and when full releases them directly through the latter part of the boulevard of urgency and out the valve of relief.

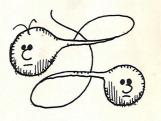
No one knows what purpose the digit of delight serves.

Reproduction is like the hives: it's an itch that needs to be scratched. Though most people know how to scratch, few are aware of the intricate cycle that occurs between the time the itch is satisfied and the day they find themselves knee-deep in diapers and brown stuff. It is nature's way of reminding you that there are taxes on the wages of sin.



What happens is this: In the basket of hidden danger there is one egg. Nobody knows who puts it there, but many would-be bachelors would like to get their hands on this person. The egg is placed well back in the nest, so it doesn't get a draft when the doors of the nest are opened and closed; otherwise the baby would be born with a stiff neck.

The female then lets the male know she is ready for fertilization. Ads are taken out in newspapers. "There will be a fertilization party at Marcia's Tuesday night. Bring cash." Now it is up to the male. He must gather his seed (called 'getting it up'), plow the soils of life, (called 'getting it in'), and then plant the seed (called 'getting it off').



Of course, it is not as easy as one, two, three. Problems may be encountered at each step. At seed gathering time, for example, the male may be too tired to assemble his seed. It is up to the female to arouse his interest. This is best done in any number of ways: the singing of inspirational songs, reading from the Scriptures, or pretending his fertilizer is a wind instrument and it's time for a clarinet lesson. On the other hand, the male may have problems with step two, plowing the soil. At this time many females like to be told funny stories to put them at ease, stories about love, marriage (if already married, fidelity) and the like.



BULLWINKLE MOOSE

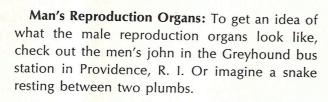
Planting the seed is rarely a problem.

A lot of people think the whole reproduction process is nothing more than put it in, come quickly and giggle. Wrongo. Let's take it from the top.

Woman's Reproduction Organs: To get an idea of what the female reproduction organs look like, head on, pretend you are looking at Bullwinkle Moose, head on. Bullwinkle's antlers are the fallo-

pian tubes. Tucked inside the curl of the horns are little almond-shaped critters called ovaries, one on each side. Where Bullwinkle's skull ought to be is the uterus, and down below that is the vagina. The opening of the vagina is between the legs (surprise!) and is protected by folds of skin and flesh known as the vulva (named after the famous horde-master, Taurus Vulva, who was the first to discover its whereabouts). Where the inner

folds of the vulva meet in front there is a small, sensitive tip called the clitoris, after the Greek goddess Clito, goddess of small talk.



How Babies Are Born: Babies are born from carelessness. So be careful. Once every 28 days or so, one ovary releases an egg cell, which travels into the tube and waits for the sperm to come, if you'll pardon the expression. The egg plays hard to get. Sometimes a sperm will come to the mouth of the tube and holler, "Is anybody home?" And the egg will say, "No, she went to a movie with

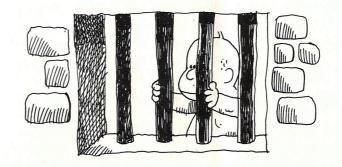
Harold." The male releases 400 to 500 million sperms at a time. Some of them get very discouraged by the odds, because only one sperm fertilizes the egg, and hang around, trying to make time with the clitoris. However, one sperm usually gets through to the egg and they have a hell of a time, dancing, singing, going to ball games together and fun things like that.

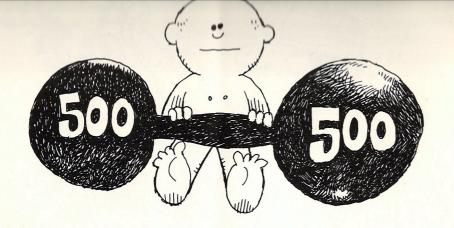


In many cases the seed is planted almost as soon as the soil is plowed, and with considerable force (known as Planter's Punch). If the male does have a problem planting, though, a universal trick is for the female to smear him with kasha varneshkes, then go to her knees and sing Sweet

Sue. (It might be mentioned here that there are many ways for the seed to be planted, many attitudes from which the fertilizer can be introduced into the nest: man on top, woman on top, both man and woman on top. However, for more information, turn to the section on Positions, located in some other Sex Book.

And now what happens is the baby becomes variable. He's got nobody to talk to or to sing with. He says to himself, "I gotta get out of here." But he's very small,





so small that the journey from the back of the nest to the front of the nest is to him like going crosstown on foot. Unthinkable. He decides to get some rest first, lean back, take a little nap. The next thing he knows, he wakes up and he's seven months old. He panics. "Christ, if I don't get out of here soon, I'm gonna miss kindergarten." Then he discovers he has no muscle coordination and spends the next two months exercising for the trip. At first all he can manage are random kicks and blows with his tiny little fists. Then his kicking and hitting becomes more regular. Soon, he's taking solid, well timed shots at the walls of the nest, which are very swollen from all the abuse. Many people think the nest gets so big to make room for the baby. That's not true. There's plenty of room for the baby in there. The nest gets big from the punching and the kicking.

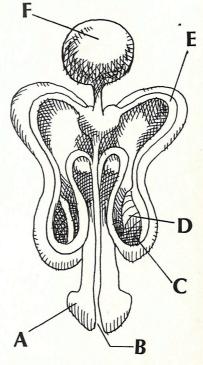
Soon, the nest owner gets ticked off. She knows the kid is doing it on purpose and tells him to knock it off. She swears and cries and calls her doctor, who hustles her to the hospital. When the kicking and hitting becomes very regular, like the baby is keeping time to The Flight of the Bumblebee, the doctor knows the baby is ready. He puts the mother on a table and places a M&M at the mouth of the nest. The baby stops hitting when he smells the M&M. (He hasn't had a good meal for nine

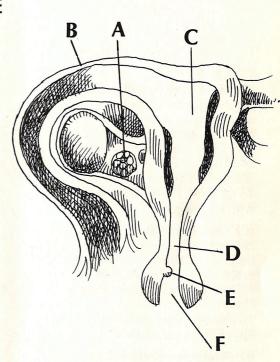


months). He reaches for it. As soon as the doctor sees the little hand appear and try to snatch the candy, he grabs it and yanks the baby out of there, and gives him a shot in the ass for being such a bad boy. The baby, meanwhile, realizes he has made a bad mistake and tries to go back into the nest. (Many people spend all of their life trying to go back to the nest). But it is no good. He is born.

MALE REPRODUCTIVE ORGANS

FEMALE REPRODUCTIVE ORGANS





- A. SNAKE OF LIFE
- B. VALVE OF RELIEF
- C. JEWEL PLUM OF NAUGHTY DESIRES
- D. SACK OF CONTAINMENT
- E. BOULEVARD OF URGENCY
- F. HORN OF PLENTY

- A. THE BASKET OF HIDDEN DANGERS
- **B. TUBE OF SANCTUARY**
- C. HALL OF CONCEPTION
- D. AVENUE OF RAPTURE
- E. DIGIT OF DELIGHT
- F. GATE OF FORBIDDEN PLEASURES

EROGENOUS ZONES

It is imperative in any sexual relationship that some time and study be devoted to the anatomical aspects of Both the Male and Female body. In order to fully understand and arouse sexual response in His or Her partner, each should memorize and practice fully the definitions and explanations herewith.

Male and Female

(A) Left front milk gland, long cherished by males as sexual object, especially when anterior node, or nipple of gland is erect and in operative state.

To operate: Squeeze firmly with palm and fingers.

(B) Right front milk gland, is also highly prized erotic object when used in conjunction with the left gland. (note: nodes or nipples are extremely sensitive to temperature and atmospheric conditions i.e. sudden drafts, hot breath, etc. To operate: Press nipple gently with forefinger.

(C) Umbilical scar, located in the center of abdomen has high potential for eroticism when activated by cotton swab. And is a convenient receptacle for Birth Control Pills.

To operate: Probe with index finger or cotton swab.

(D) Audio receptacles, located on either side of head, become veritable hot beds of erotic energy when properly manipulated by partner.

To operate: Gently whisper dirty words into receptacle, wait for reaction.

(E) Main genital distribution center, located at lower pelvic region is hub of sexual activity when not being used for potty.

To operate: Insert E¹ into E².

(F) Oral receptacle, situated on lower quadrant of face, can be used in harmony with other erogenous zones, if combined with a successful application of mouth wash.

To operate: Place tongue in center of receptacle and open.

(G) Anterior digits, at extreme southern pole of body are frenzied little sexual awakeners when applied to partners' other E. zones. To operate: Hold foot in front of partner's face, wiggle digits.

erotic muscle, at lower spine when effectively manipulated will reap untold sexual rewards as well as provide years of comfort while sitting.

To operate: Place oral receptacle F on right cheek and bite.

(I) Dorsal Cervicle area, located at rear center of shoulders largely aroused by action of partners' rubbing action.
To operate: Place in F and nibble.

(J) Posterior, located directly behind Anterior is useful tool when used to lay on, also can be creatively utilized during sex act when Anterior positions are exhausted.

To operate: Lie down on stomach

and roll over.

SEXUAL APTITUDE EXERCISE

The following is a short story designed to test your sexual aptitude. Read the story and insert in each Blank the word provided that sounds correct to you.

EXAMPLE:

"The sound John made when he kissed

a. squeek

Hermione was ______ b. ergahh
c. smack

You would be required to choose one sound a, b, or c which sounds most correct to you.

Now you are ready to begin.

The rain pelted down on the shingled roof of the cottage. Gomer quietly put another log on the fire. Hildegarde lay on the Bearskin rug before him completely nude. He plunged on top of her with a

	b. boing She clace. c. pifff	wed at him, a	s the fire
2	a. plopped b. meowed madly c. trickled	Gomer and	Hildegarde embraced
each other with a lo		C. blip	"Now was the time",
she thought. "I must	do it now." She gr	oped in the s	emi-darkness for
the razor. Gomer fell			C reelp
"W-W-What are you silly," she said.	going to do?" he o	ueried. "Sha	ve my legs, you

The end.

SEE PAGE 15 FOR YOUR ANALYSIS

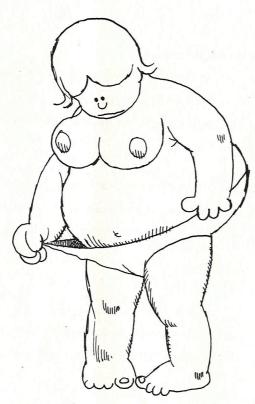
SEXUAL APTITUDE ANALYSIS



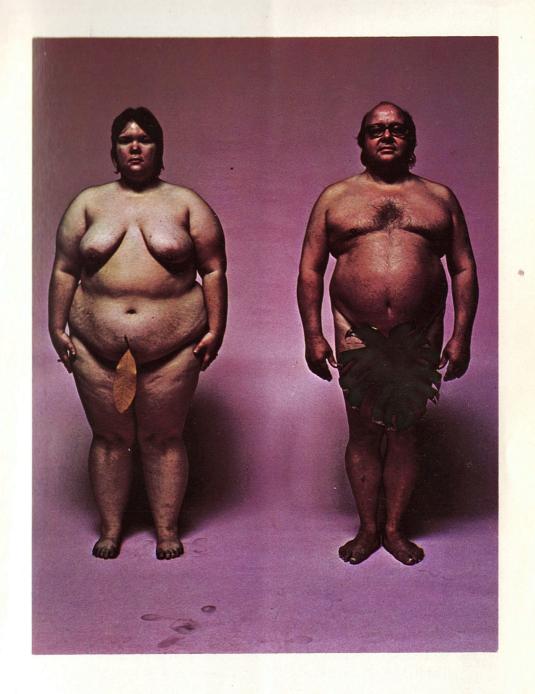
If your choice was:

- 1. A. You have wet dreams concerning mice.
 - B. Brick walls turn you on.
 - C. Squeezing tooth paste tubes gives you hot flashes.
- 2. A. You get horny about mashed potatoes.
 - B. You once raped a cat.
 - C. You have a mad desire for intimacy with an olive oil salesman.
- 3. A. You once violated a cod fish.
 - B. You would enjoy a spanking by a child molester.
 - C. You would like to molest a street lamp.
- 4. A. You have sexual fantasies at backyard barbecues.
 - B. Something hairy has a crush on you.
 - C. Your toenails have ruined all your sheets.

How sex works: basic equipment

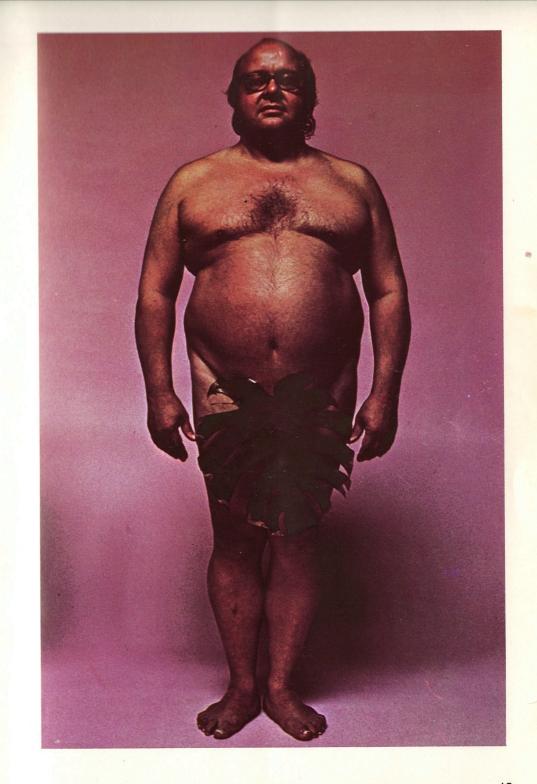


SEX BEGINS at the beginning, with the fact that nature has created two sexes, uniquely different in private but vital ways. Note that forms are both graceful and complimentary — made for each other. That's me on the left.



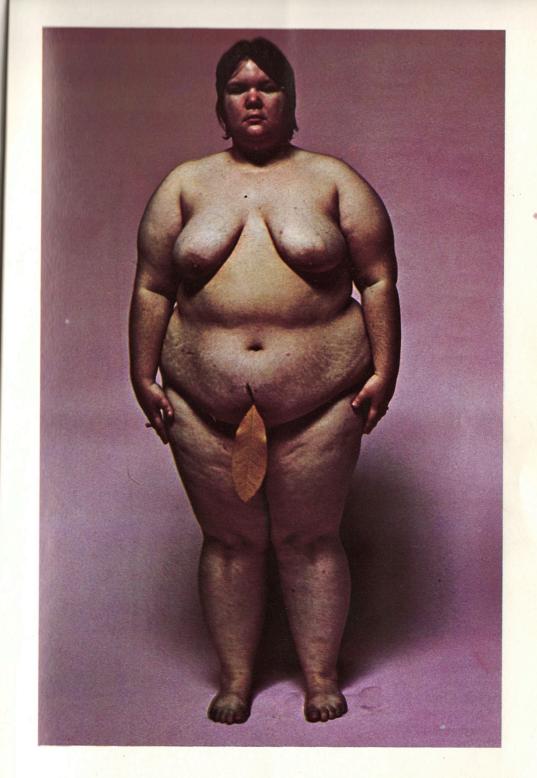


MALE is characterized by rugged physique, powerful shoulders, slim hips and flat stomach. This one really turns me on.



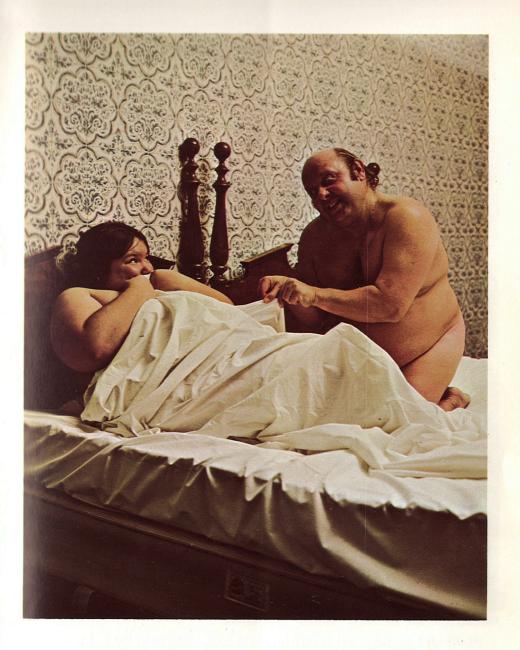


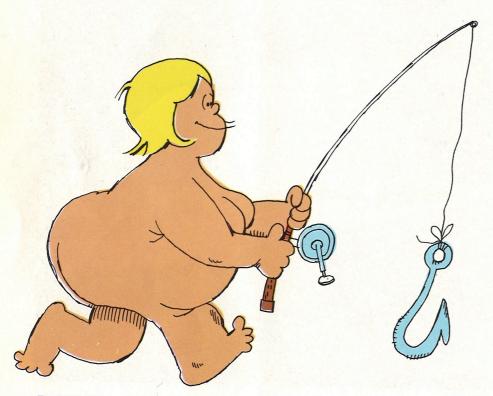
FEMALE, by contrast, is round and cuddly, with luxuriant hips and padded thighs. Note how breasts point in opposite directions, symbolizing woman's contrary nature. In contrast to male, female is soft to the touch.



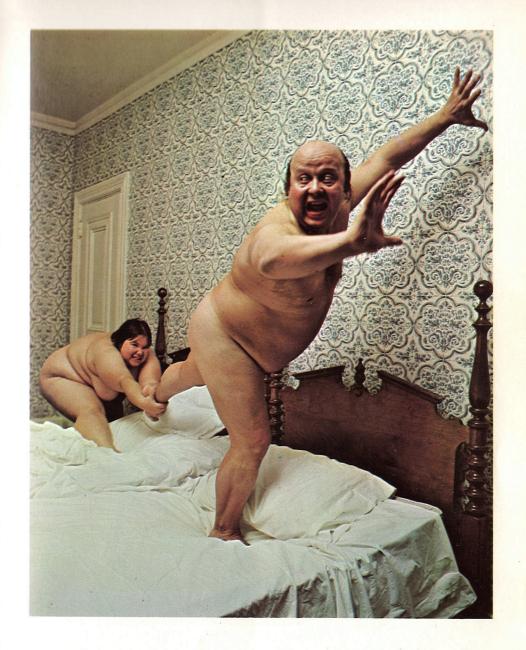


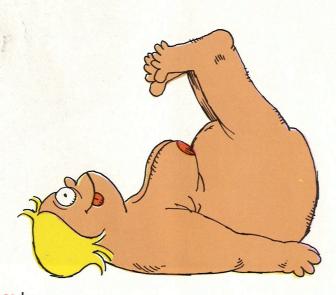
VISUAL APPEAL of female knows no bounds for aroused male, as love duet moves into second phase, known as peeking. Note my wide-eyed, fearful-but delighted response.



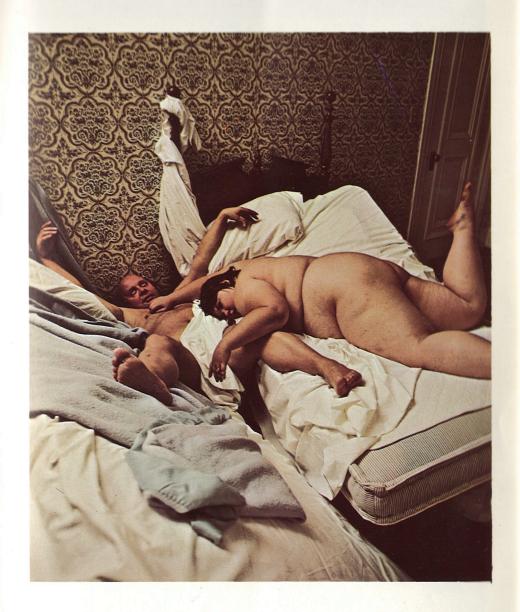


PURSUIT is the final preliminary, much enjoyed by female — while male feigns fright. In truth, male always arranges to have himself caught by never running quite fast enough.





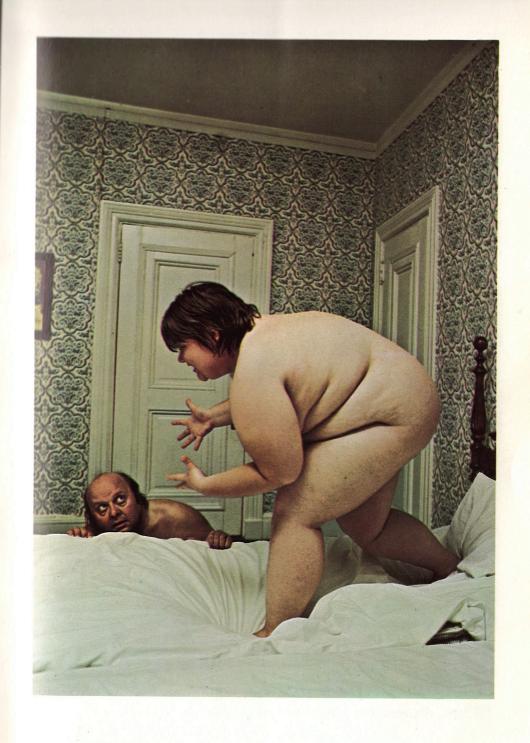
CLIMAX leaves partners exhausted, spent, supine — with female making the age-old request of the male, "do it again."



How to have fun the first time out

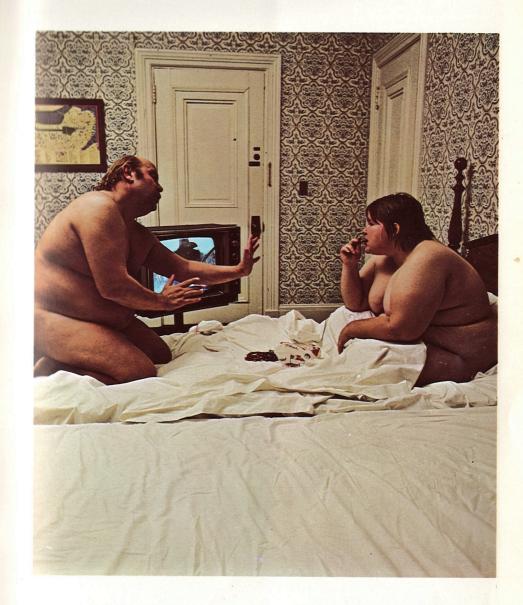


TENDERNESS at the start is the byword of first-timers, to avoid scaring off fearful male. Here I'm assuring him there's nothing to be afraid of.





BE A GOOD LISTENER: Here he's telling me that he's afraid I'll lose respect for him if we have sex.



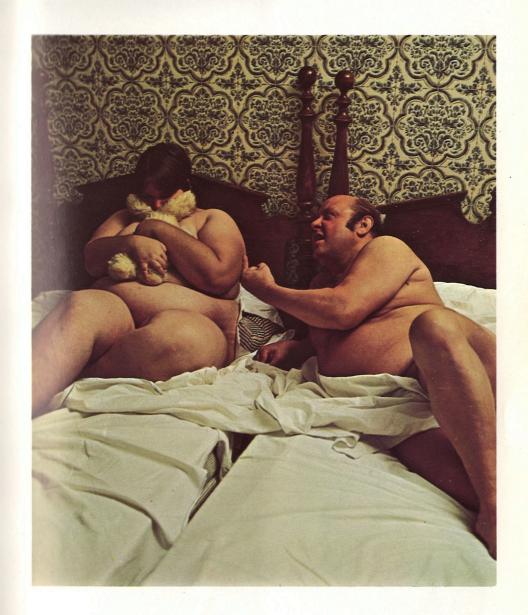


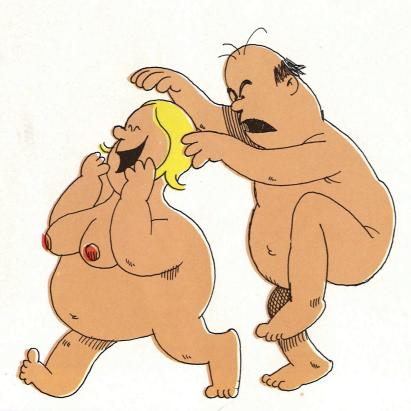
BUT HE'S STILL TENSE so I suggest a shower as a loosener-upper, and a massage for his powerful shoulders. Our back-to-front position protects his modesty, but doesn't prevent exchange of pleasantries.



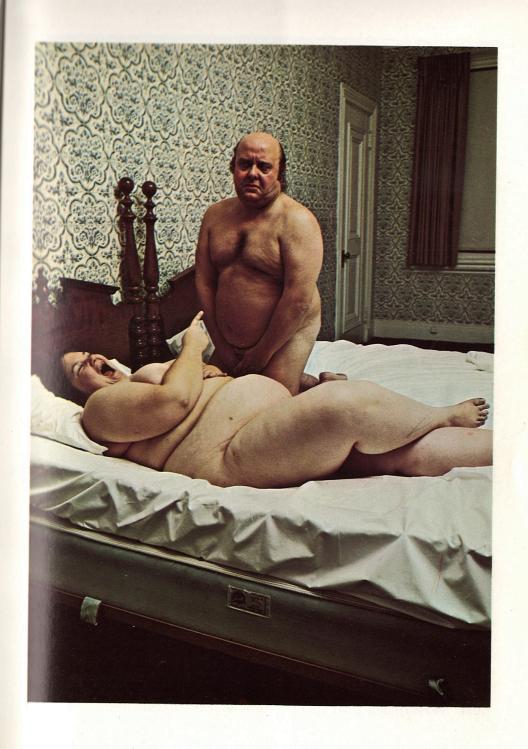


JEALOUSY is sometimes good stimulus for shy male. Here I'm pretending interest in a cuddly toy — while he works up a head of steam.



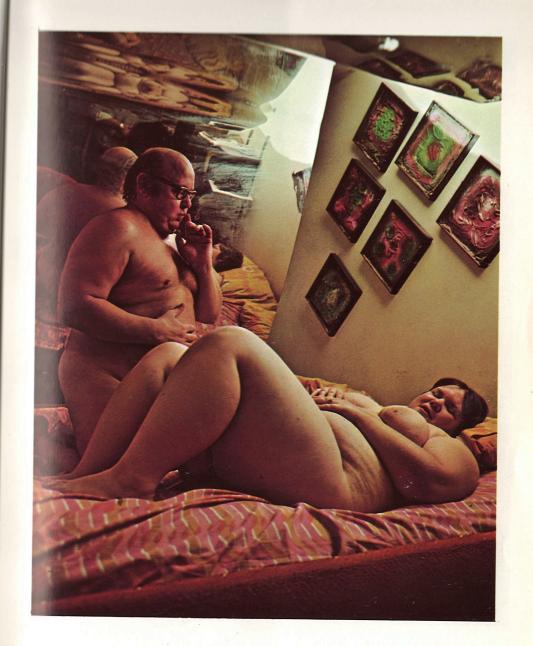


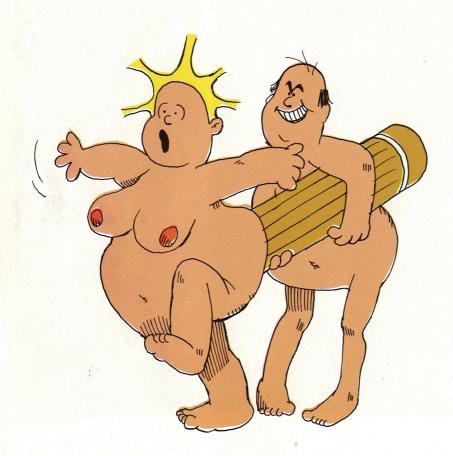
I GET THE GIGGLES, unfortunately, when he finally works up to making an approach, and nearly scare him off again.



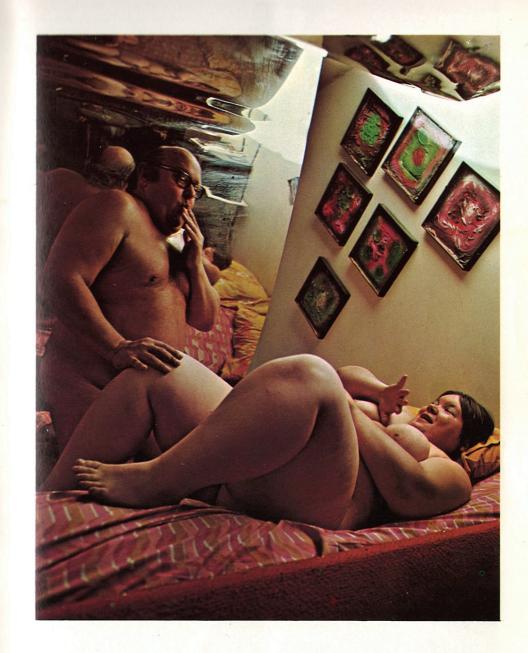


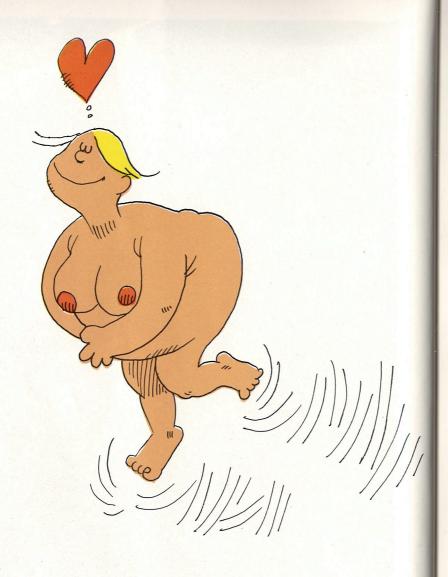
SO I PRETEND TO BE ASLEEP while he ponders what to do next. Most males find supine female form irresistible.





"OH, IT'S YOU!" | exclaim in mock surprise as he begins to get the idea, puts pressure on my thigh.

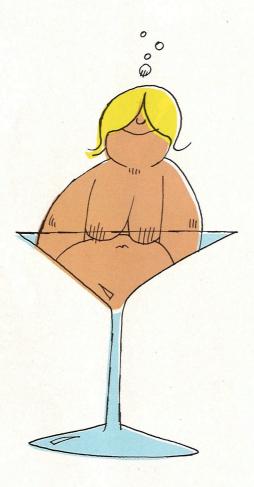




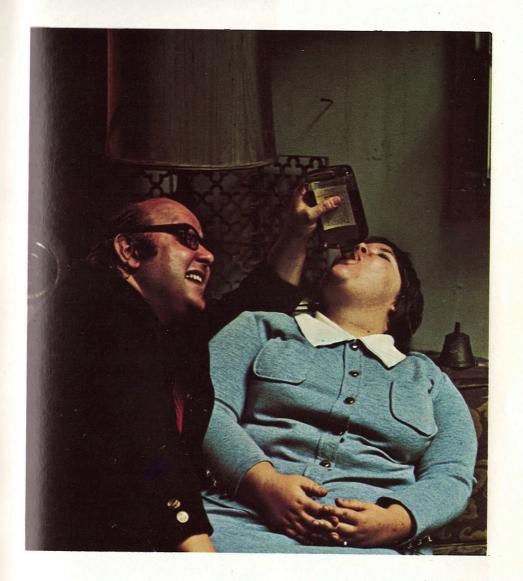
PICTURE OF CONTENTMENT: "Are you enjoying it?" he asks me. I'm too delirious to reply — but he knows I'm satisfied. What he lacked in finesse he made up for in enthusiasm — and now I just feel warm and tingly all over.



Foreplay and Fetishes



SOMETIMES even the most sensuous of women get a bit nervous about sex. An understanding partner realizes a drink beforehand eases tensions considerably.



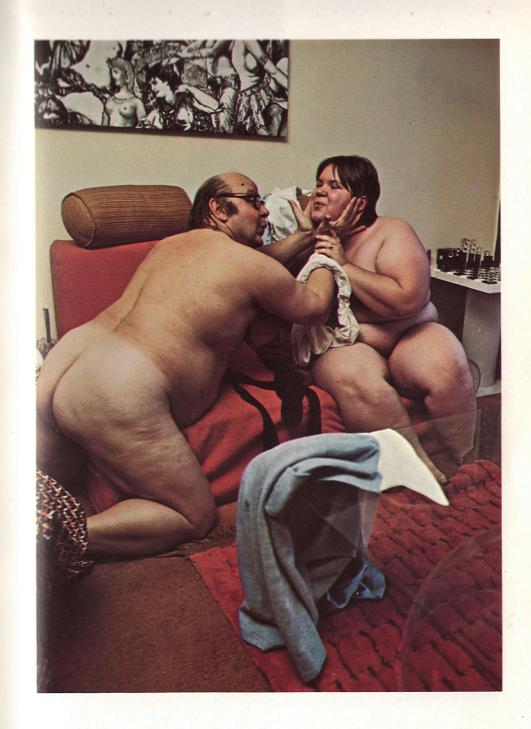


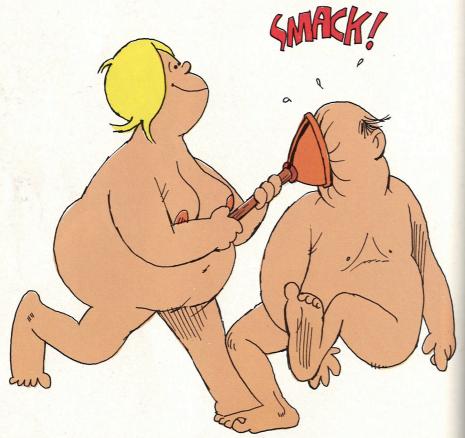
I AM STILL apprehensive, but as we disrobe, we both begin to feel our inhibitions melting away.





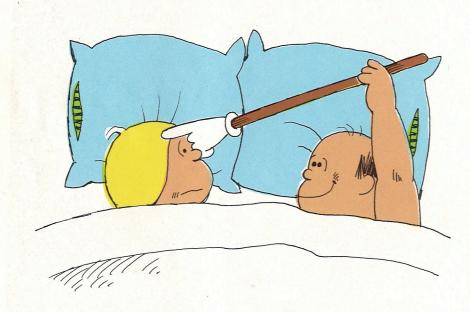
NOW WE ARE completely undressed — except for that silly pair of panties he likes to wear around his wrist. Saying naughty little things to each other heightens the excitement.



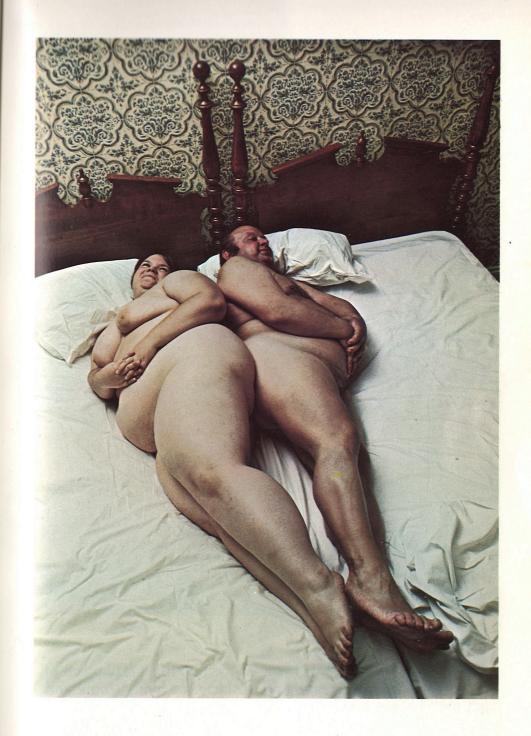


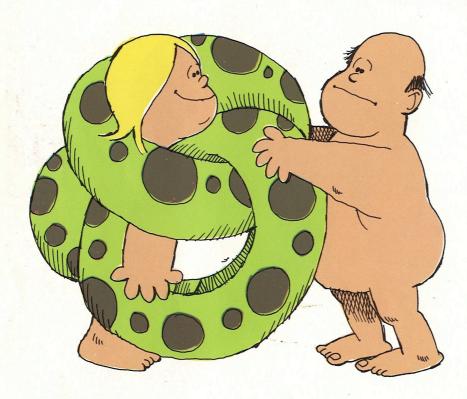
KISSING is the most important individual aspect of sexual foreplay. As we embrace we both feel the animal magnetism that draws our throbbing bodies ever closer together.



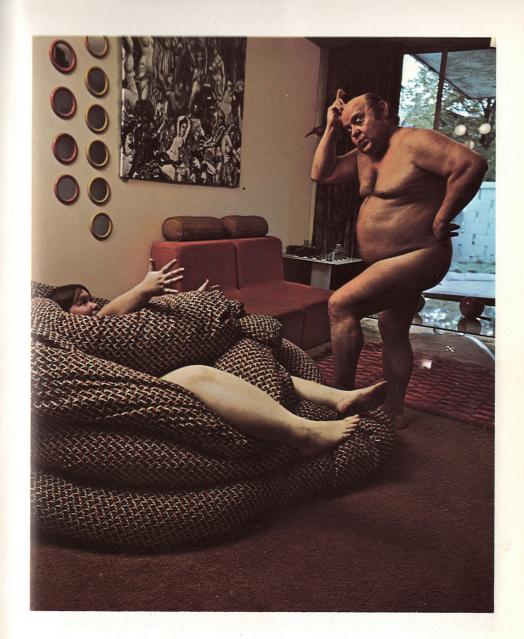


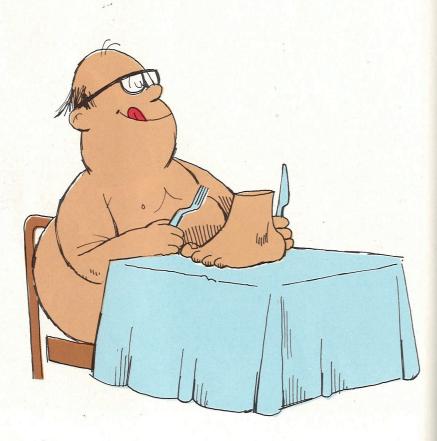
TOUCHING AND TALKING, we continue our foreplay, lying cheek to cheek, eager with anticipation.



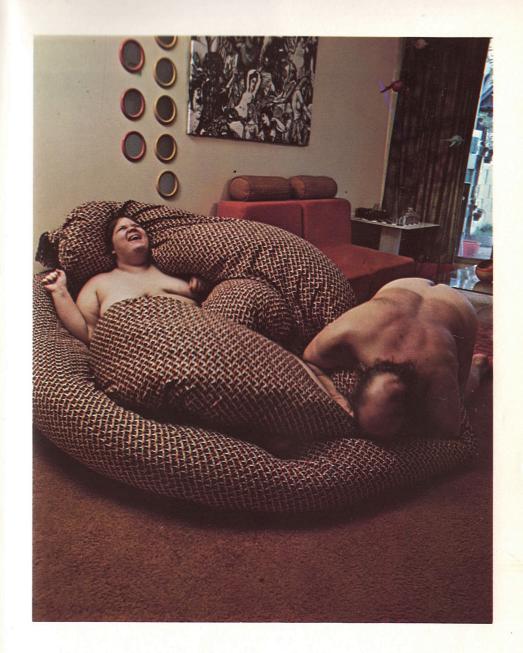


ON A SUDDEN IMPULSE, I wrap myself up in a crazy piece of snake-like furniture creating an obstacle for him. "Come and get me" I tease him.



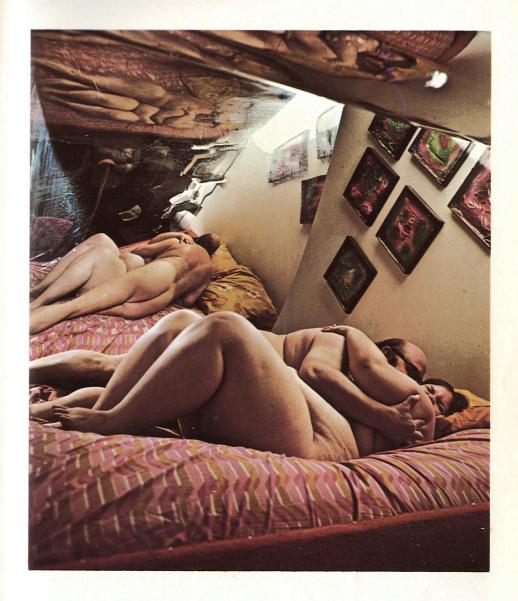


CLEVERLY, he uses his fetish for feet to best advantage, nibbling my toes and driving me crazy with desire.

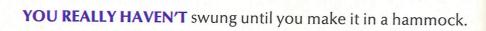


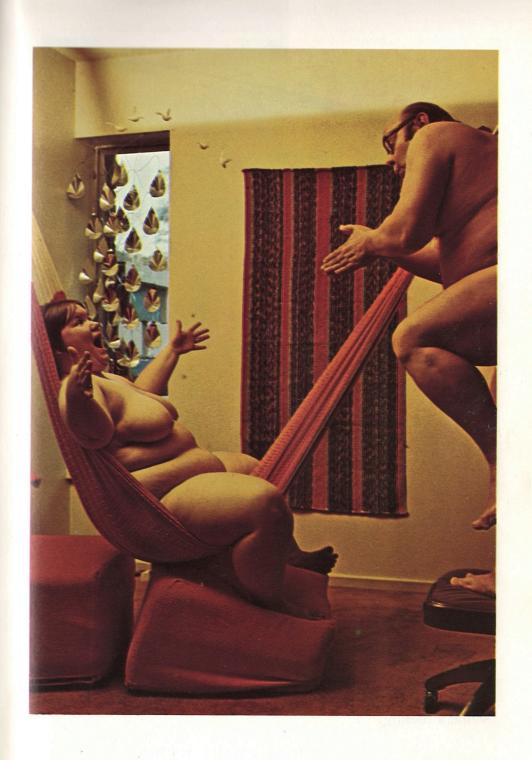


NEXT, we jump on the water bed together and watch our reflections in the mirror. Then, as we undulate, pitch and roll, our bodies intertwine.











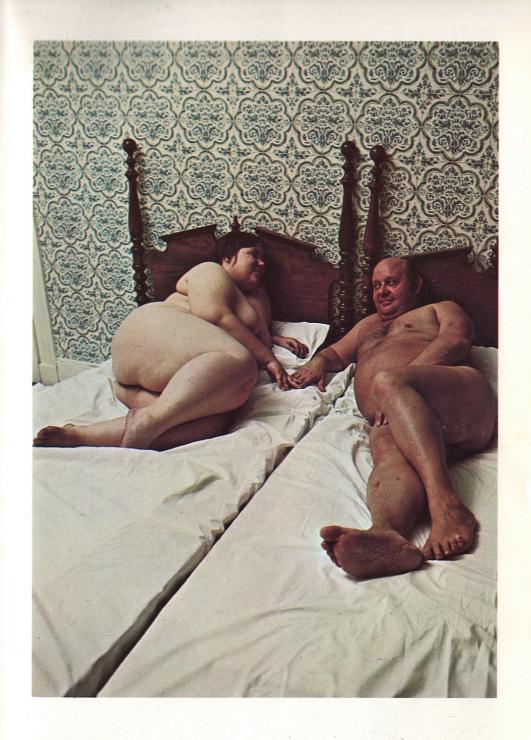
A CREATIVE FETISH can really enhance love making. After covering me with whipped cream he hungrily laps me up. What a feeling!

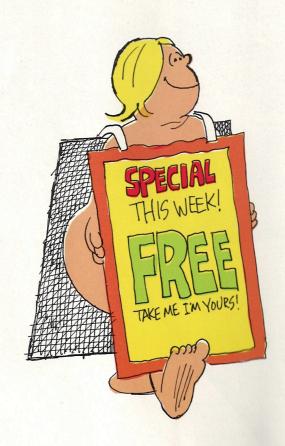


Advanced techniques and kinky places to try them



"I THINK I'M READY" for the advanced course, he tells me. "I want to learn all about multiple orgasms, joint climaxes, erogenous zones. Let's have a rap session and get at some gut issues.





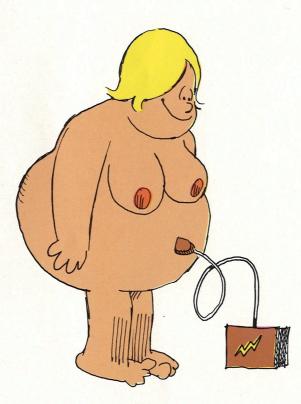
SO I TELL HIM about my sex fantasy, where I am a street walker, giving my favors, but never charging for them!



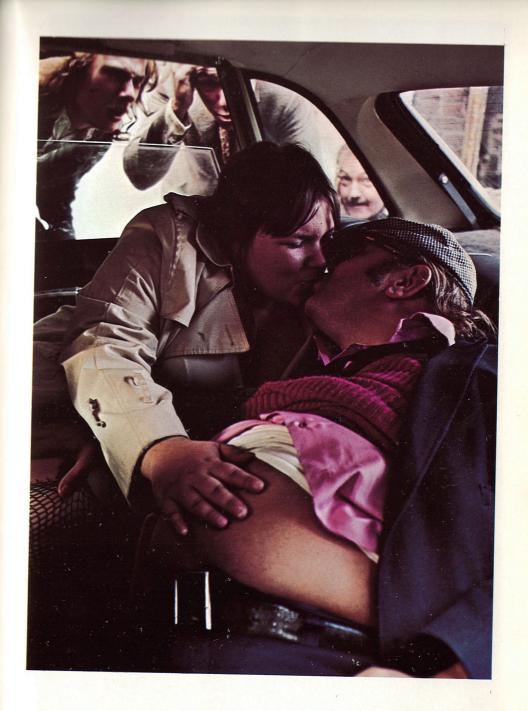


NEXT, I tell him that sex is a matter of mood, not place. You can do it anywhere, when the chemistry is right. Here, a telephone booth affords privacy, while giving him sense of confinement he craves.



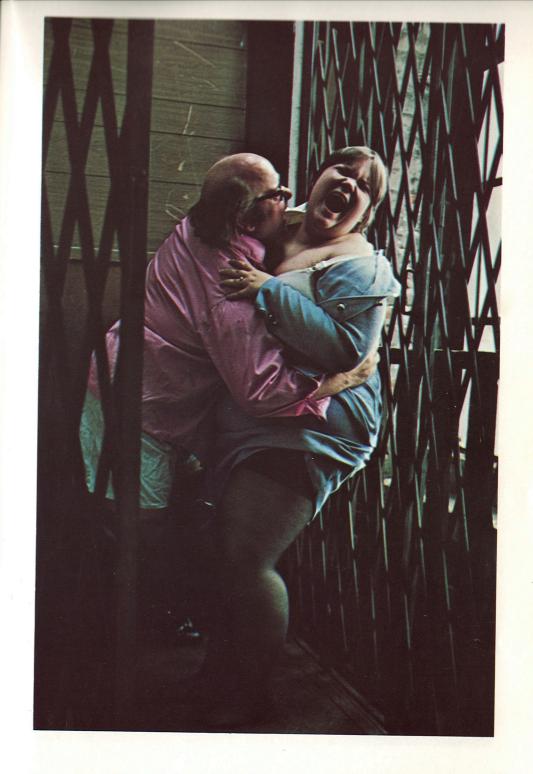


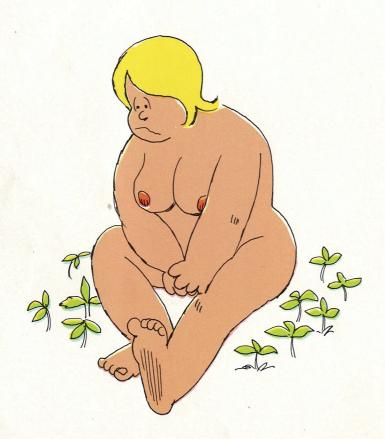
BELLY BUTTON is prime erogenous zone, I explain. Automobile technique requires quick arousal and completion, to avoid being harassed by onlookers.



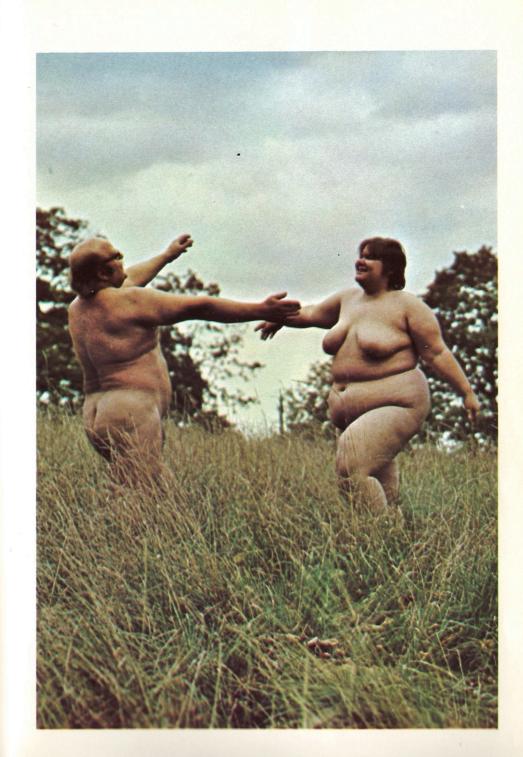


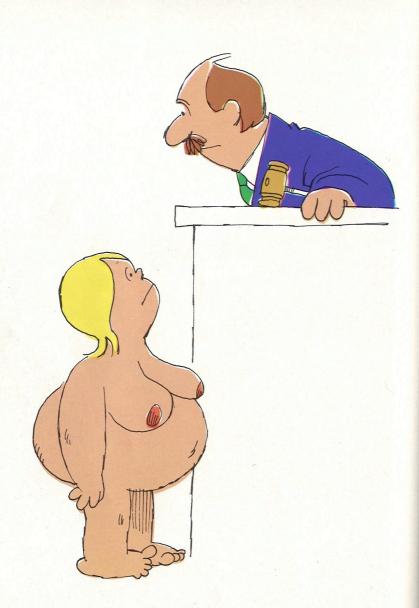
LOVE ON A FREIGHT ELEVATOR. What could be more exciting and challenging? Sometimes a woman wants to be ravaged, but please . . . Be gentle.



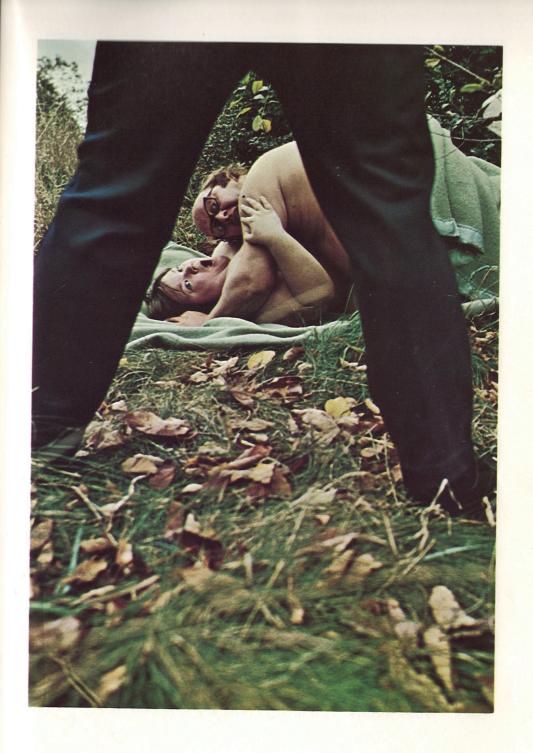


ORGANIC LOVEMAKING Getting back to nature is the free, earthy way to love. But watch out. Poison ivy in the crotch is no picnic.



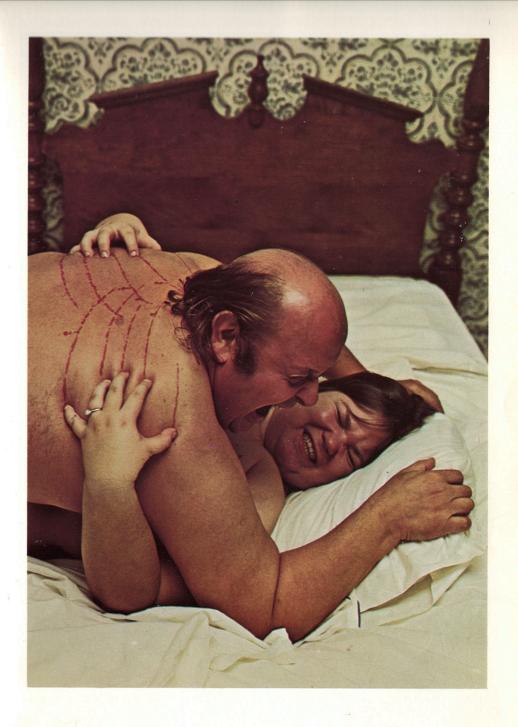


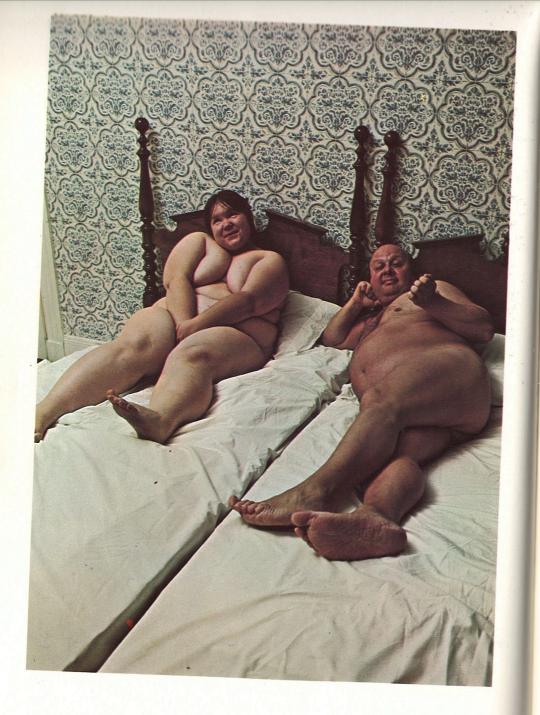
DISTURBING THE PIECE: Outdoor lovemaking requires secluded location, to avoid raising hackles of local constabulary.





LETTING IT ALL GO: Joint climax leaves love lines on male's back. "Does it hurt? You always hurt the one you love."







TWO LOVERS BASKING in a warm and pleasant afterglow; smug in knowing that they have completely satisfied each other.

DATE OF S POTENCY QUIZ

Test your potency with this easy to complete verility quizzer. In column A you will find a list of assorted goods, names, and objects. Match them with the body parts listed in column B by imagining which word in column A most closely resembles which body part in column B.

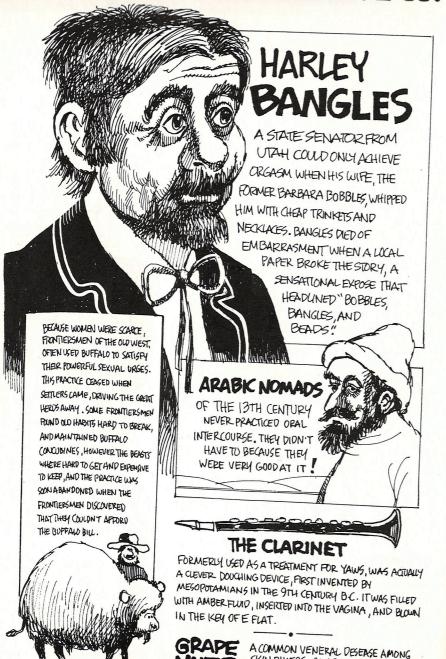
A	В		
Rutabagas	toe nail		
Archie Andrews	ear lobe		
Rin Tin Tin	follicle		
Mud puddle	eyebrow		
Cream cheese & olive on a cracker	eyeball		
Sneaker	index finger chest hair		
Dump truck	nostril		
Dip stick			
Dracula	kneecap		
Razor blade	ear wax dandruff		

If you were able to match any of the objects from A with any body parts from B your potency is suspect. If by chance you matched from 2-4 words, we suggest you check into your nearest potency clinic immediately. If you matched 5-8 words a 6x6 Rubber Room is reserved at your local hospital. If all words are matched you are advised to have an immediate sperm count.

POTENCY QUIZ ANALYSIS

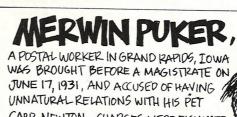


YOU BETTER BELIEVE IT:



SKIN DIVERS, CAN DE CURED BY SOAKING THE AFFLICTED PARTS IN DUCK SAUCE.

YOU BETTER BELIEVE IT:



CARP, NEWTON. CHARGES WERE DISMISSED, HOWEVER, WHEN HALFWAY THROUGH THE HEARING PUKER SLOWLY ROSE FROM HIS SEAT AND FLOATED BELLY FIRST TO THE CEILING OF THE COURTHOUSE.

00000



WAS THOUGHT TO CAUSE STERLITY BY THE NOW EXTINCT HILL PEOPLE OF CENTRAL



DARROTOWNED BY MYS. Nellie Fargeson, Freetown N.J.
WAS TAUGHT TO RECITE UNEXPURGATED
PASSAGES FROM THE WORKS OF HENRY MILLERHE HAD TO BE PUT TO SLEEP HOWEVER, WHEN A
TROUP OF CUB SCOUTS, LEFT ALONE ALL DAY

WITH THE PARROT, MASTURBATED UNTIL THEY ALL HAD TO WEAR GLASSES!

SHINGLES

LS SO NAMED BEAUE ITWAS A COMMON DESCASE SUFFERED BY ROOFEIZS IN THE

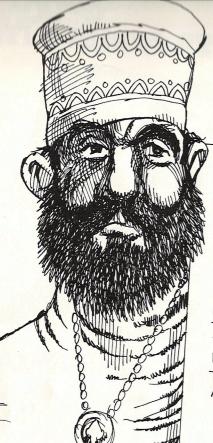


TIS IMPOSSIBLE
TO GET LAID IN
NEPAL
BECAUSE OF THE
MOUNTAINOUS
TERKAIN, SEX
IS PRACTICED IN
AN UPRIGHT
POSITION, IN METAL
HAVING SEX IG
KNOWN AS
GETTING
STOOD!

BECAUSE OF HIS SPUAL FETSH FOR FEET

OLAF SHMUNT,

A SWEDISH MIDGET, HAD HIS ENTIRE BODY TATOOED TO LOOKLIKE AN ARGYLE SOCK. HE DIED FOLLOWING A VIKING FESTIVAL WHEN THE WINNER OF THE CROSS COUNTRY RUN TRIED TO PUT OLAFON. NOT REALIZING THAT HIS FOOT WAS FIRMLY IMBEDDED IN THE HAPLESS MIDGET'S SMALL INTESTINE.



Bridgets-

YOU BETTER BELIEVE IT!

Moulay ISMAEL

Ruler of Morocco, in the late 16th and early 17th centuries....

HAD AN ESTIMATED 2,000 WIVES AND CONCUBINES. AT THE TIME OF HIS DEATH HE HAD SONS ENOUGH TO MOUNT A 900 MAN CAVALRY. YET, ON THE EVENING OF OCTOBER II, 1683, HE WENT TO HIS HAREM TO SELECT A WIFE FOR THAT NIGHT AN DISCOVERED THAT THEY ALL HAD HEADACHES....



WHEN IN HEAT, A FERRET CONNOT WANT. THE BEST HE CAN MANAGE IS AN EMBARRASSING FOXTROT.

THE MEN OF THE TINY
DUCHY OF SEBASTOPOL
NEVER GET ERECTIONS.
BECAUSE THE DUCHY IS
2000 FEET BELOW SEA
LEVEL THE WEIGHT
OF GRAVITY DOES NOT
ALLOW THEM TO
GET ERECT. HOWEVER
FOR THE SAKE OF
DECENCY, ALL
MEN LEAVING
SEBASTOPOL
APEREQUIRED

TO WEAR VERY

BAGGY TROUGERS.



ROGER WHIPPLE

THE FIRST PURITAN
GOVERNOR OF COMNECTICUT, WAS TARRED
AND FERTHERED AFTER
BEING DISCOVERET WHILE
PERFORMING SODOMY
WITH A COD FISH.

SWALLOWS

HAVE INTERCOURSE WHILE FLYING, HOWEVER ALL FOREPLAY IS CONDUCTED ON THE GROUND. THERE IS NO AFTERPLAY. SWALLOWS DO NOT LIKE TO BECOME INVOLVED!



BRIDGET'S APHRODISIAC COOKERY

I have no doubt that food, primarily, has made me what I am today. Food can make you sexy, too — and turn you on as well. If you know the secret.

The secret is a set of age-old recipes that have been passed down from generation to generation from the beginning of time. Recipes for aphrodisiac delights.

What's an aphrodisiac? According to the dictionary, it's a food that stimulates or intensifies sexual desire. Raw monkey glands, eaten while they are still warm, have long been known to have this property.

But aphrodisiacs can make you beautiful and sexy, as well as turn you on — if you have the right recipes. Here is a selection of recipes that really work. They work so well I must include this word of warning: Don't try them — unless you're ready to go all the way, like you've never been before. Otherwise, you're liable to blow your mind.

BULL MILK BREAD

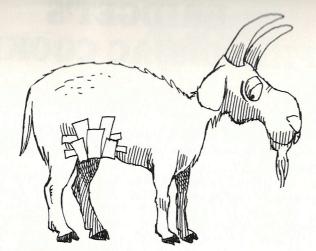
is a sure-fire winner. Any bread recipe that calls for milk will do. Simply use bull milk in place of cow's milk. Trick, of course, is to find a bull that is willing to give it to you. Bread may be made in variety of shapes and sizes.

PRUNE SKINS

have spearheaded movements for centuries, aimed at unlocking pent-up personalities. Simply remove skins from a dozen large prunes, allow skins to dry in the sun for a month, grind in pepper mill and serve as a garnish on your favorite meat. But be careful — action is unusually fast.

TOASTED MONKEY GLANDS

A new twist on an old recipe. Remove glands from a dozen fresh-killed monkeys. Bake glands in oven until brittle, then roll out flat and serve salted, as a finger food. Unusually potent! Tastes just like peanuts.



DEVILLED GOAT GROINS

One should never talk when making devilled goat groins. One probably should talk, or at least hum, however while making a devilled goat, else he will think you don't love him. This is the English version.

INGREDIENTS

1 pot melted lead

3 heads cabbage

9 lbs. finely minced mustard seed

1 set goat groins (med.)

10 lbs. dough (about \$24)

1 ham lubbock

the balls of an old snooker

Melt the lead and let simmer. De-leaf the cabbage and in each leaf sprinkle a generous handful of mustard seed. Remove the wool from the goat groins and pack with cabbage leaves sealed with dough (about two shillings, six pence, ha'farthing, nonny nonny per leaf). Hollow out ham lubbock and pack with stuffed goat groins. On top of these place remaining cabbage balls, which have been dyed red. Then lay in snooker balls, which are black, pink, blue, green, brown and yellow. Tie stuffed lubbock with stout piece of string to keep contents from spilling and place in simmering lead. Study force feeding techniques. Serves and arouses 112. Great for a cold knight.

BOILED ROOSTER GONADS

First you gotta catch a Rooster. Chances are that once you catch him, he won't want to part with his gonads. Make him an offer he can't refuse.



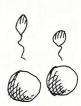
INGREDIENTS

1 set rooster gonads1 refried bean taco

1 pint prune compote

1/2 gallon battery acid

²/₃ cup drawn butter



Knead freshly removed parts with refried bean taco, making sure to remove feathers. Dip in prune compote and drop immediately in boiling battery acid. Boil for six days. Do a lot of situps and pushups. Serve with drawn butter.

DRIED BUFFALO SCROTUM WINE

An old Indian dish served by old Indian scouts. Discovered accidentally by medicine men trying to find a cure for diaper rash. Also known by the red man as "lodge pole wine," because it made braves resemble those tall, straight pieces of wood that hold up teepees.



INGREDIENTS

6 Buffalo testes (separately or in pairs)

3/4 cup raisins

2 lbs. sugar

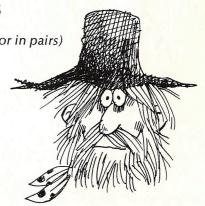
1 tsp. ground ginger

1 tsp. ground rogers

4 tsp. ground bone meal

2 tsp. ground tumeric

2 gal. distilled water



Place all ingredients together in leather pouch with top ajar. (If Buffalo testes unavailable, \$2 worth of nickels will do). Wait for 3 weeks. Stir with a wooden spoon until mixture pulls away end of spoon. Strain through cheesecloth or old loin cloth. Wear baggy pants for trips into town.

BULL URINE BRACER

Not to be confused with the cigarette that comes in a pouch, this powerful potion is an early morning getter upper. When taken internally, makes you snort like a bull, paw the ground in a rage, go to your knees and sing six arias from Carmen. Also very popular in the construction industry as skyscraper reinforcer. When rubbed on the side of a building, gives mere brick the hardness of tungsten steel.



INGREDIENTS

1 trough of water 1 thirsty bull 1 bucket litmus paper Martini shaker 1 ping pong ball vegetable dye



Lead bull to water. Make him drink. Place bucket beneath bull and tell him you own a glue factory. Test acidity with litmus paper. Place ladle full in martini shaker with ping pong ball. Shake for ten minutes. When ping pong ball has disappeared, add vegetable dye for color. Cool overnight, serve in red container.

MULLED TOMCAT SPERM

A favorite potion of ancient Egyptians, where the cat was revered as a symbol of fertility. This recipe was found carved in hieroglyphics on the side of an X-rated pyramid.



INGREDIENTS

1 portion pine wood ashes 1 portion charcoal ashes 1 portion kitchen stove ashes ½ portion lime Tomcat sperm (2cc) coarse cheap tea leaves

Brew a strong mixture of tea. Mix with equal portions of the ashes. Add lime. Cover sperm with this mixture and place in earthenware container lined with earth. Place in cool dark corner and cure for 100 days, while you memorize all the lines from "Lassie Come Home." When ready, mixture will have the color and consistency of spoiled tapioca pudding.

CODDLED MOOSE CROTCH

This recipe is a myth mostly, because woodsmen of the Great North claim no one has ever coddled a moose crotch. Asked what they do to help them become aroused, most woodsmen will tell you, "I think of a plump beaver."



BRIDGET'S MAILBAG

The expertise of Bridget, in the delicate world of Sexual Matters, is known far and wide. During her extensive travels throughout the world, she has listened attentively, to the problems of her faithful followers, and has skillfully and successfully solved them with her infallible logic. The following are just a few selected communications she has received . . .

Dear Bridget —

I'm at my wits end, Bridget. For some time now, when my husband wants to have sex, he makes me pour pineapple juice all over myself. Then he dresses up like a fruit fly, and attacks me. Do you have any idea, Bridget, what it feels like to be ravaged by a BIG HAIRY FRUIT FLY? What can I do about this?

ORANGE PEELS

Dear Peels —

Get a flyswatter.

Bridget

Dear Bridget —

My fiancee has a pet kangaroo. When we go out on dates, or go necking in the car, he always insists that the damn kangaroo join in too. If this wasn't enough, the other night when we were making plans for our upcoming wedding, my boyfriend demanded that the kangaroo is to be the Best Man. I've taken just about enough, Bridget. I gave him an ultimatum. The kangaroo can only be an usher because my anteater has to be Best Man. Did I do right?

BAFFLED BRIDE

Dear Baffled —

You did fine. Make sure your clergyman is an animal trainer.

Dear Bridget —

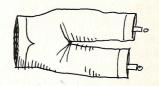
The other day, Bridget, I made a horrible discovery. While searching for some linen in our dresser, I found hidden in the back of a drawer my husband's "collection" of panty girdles. Needless to say, I was thoroughly shocked, ashamed, and totally outraged because it was the same drawer where I keep my athletic supporter collection. I'm disgusted to think my lovely supporters have to share the same drawer as those awful girdles. Help me, Bridget!

GARTER BELT

Dear Belt —

Start a joint collection of Trusses.

Bridget



Dear Bridget —

Whenever I have sex, I go off in three seconds, leaving her weeping. I hate to see her cry. What can I do?

RAPID MAX

Dear Max —

Try not to look.





Dear Bridget —

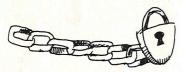
I'd like to reduce my bulging and excessively heavy thighs before beginning a sexual relationship with my boyfriend — but I hate strenuous exercise. Help!

BERTHA R.



Walking is good for your problem, and it's easy. I walk a lot, and look at my thighs.

Bridget



Dear Bridget —

Is sex before marriage right? My boyfriend says it is, and wants to go all the way, instead of withdrawing at the last minute, as he's now doing. He says he won't marry me unless we have sex first. I don't want to lose him, but I want to do what's right. Should I let him have his way with me?

ALICE T. FLAKEY

Dear Flake —

What have you got to lose? Bridget



Dear Bridget —

I'm 83 and have never had an orgasm. What does an orgasm feel like? How will I know when I have one?

ARTHUR I.



Dear Art —

It will feel like a covey of quail flew out of your rear end.

Bridget

Dear Bridget —

My relationship with George is based entirely on sex. With us, sex is great, and we do it a lot - particularly when we disagree about something. But afterwards, we find we disagree more than ever and we do it again and again! What should we do?

MARTHA MINK

Dear Martha —

Please send George's address. Bridget

Dear Bridget -

How much can one person endure? My wife insists on swinging from the living room chandelier by her teeth during sexual intercourse.

I'm even tempered, but twice now, I've fallen off the ladder. I can't take much more. Can vou suggest anything that might help me?

CLIMBING LOVER

Dear Climb —

Hang in there.

Bridget

Dear Bridget -

Everytime we drive by a fire hydrant my wife leaps out of the car, and tries to impale herself on it. The whole thing is beginning to bother me, Bridget. What does the fire hydrant have that I don't?

PEEWEE

Dear Peewee —

Try Hormones.

Bridget



Dear Bridget —

Is it true that masturbation causes hair to grow on the palms of your hands?

HAIRY HARRY

Dear Harry -

No. Usually only one hand is affected.

Bridget

Dear Bridget —

My boyfriend and I have been going together for six months, and so far our sex life has been quite satisfactory — swinging, in fact. We enjoy oral sex of all kinds, and mutual manipulation. Now he wants to try some kinky new things, like having intercourse while facing each other lying down, and I'm not sure exactly what is right. What do you think?

FREAKED OUT

Dear Freaked -

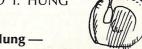
Goodness — I'd like to know a lot more about what you're presently doing.

Bridget

Dear Bridget —

Ever since I was 13, I have had a permanent erection. As you can visualize, this causes me considerable embarrassment and discomfort, particularly as my genitals are oversized to begin with. Have you anything to suggest?

JOCKO I. HUNG



Dear Hung —

Bring your problem to me and we'll see if we can work it out.

Bridget

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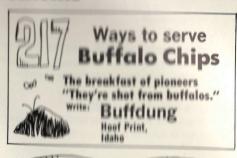
You'll Show Me Yours Call Mona Murray hill



88888 be a **JOINER**

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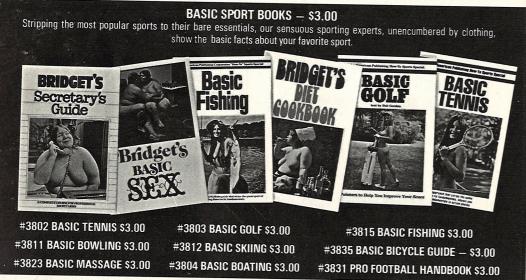
Game favorites like word searches, mazes, and riddles in a fun filled compendium for the sex crazed.

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